

Order online by 9am  
for delivery Friday

# eZlunch MENU

Glenfield Primary School / Term 2 2021



K19 Glenfield Mall  
Cnr Glenfield Road & Downing St...  
Auckland 0629  
09-4412430

## PLAIN PETITA PITA

Free Range Chicken Petita	\$6.00
Free Farmed Ham Petita	\$6.00
Roast Beef Petita	\$6.00
Falafel Petita	\$6.00
Garden Veggie Petita	\$5.50
Marmite Petita	\$5.50

## WHOLEMEAL PETITA PITA

Wholemeal Free Range Chicken Petita	\$6.00
Wholemeal Free Farmed Ham Petita	\$6.00
Wholemeal Roast Beef Petita	\$6.00
Wholemeal Falafel Petita	\$6.00
Wholemeal Garden Veggie Petita	\$5.50
Wholemeal Marmite Petita	\$5.50

## GLUTEN FREE PETITA PITA

GLUTEN FREE Free Range Chicken Petita	\$7.50
GLUTEN FREE Free Farmed Ham Petita	\$7.50
GLUTEN FREE Roast Beef Petita	\$7.50
GLUTEN FREE Garden Veggie Petita	\$7.00

## PETITA SALAD BOX

Free Range Chicken Petita Salad Box	\$7.00
Free Farmed Ham Petita Salad Box	\$7.00
Roast Beef Petita Salad Box	\$7.00
Falafel Petita Salad Box	\$7.00

## SIDES

Chocolate Chip Cookie	\$2.50
Brownie Chocolate Fudge GLUTEN FREE	\$2.80
Ginger Crunch GLUTEN FREE	\$2.50
Pita Chips with Aioli Dipping Sauce (large)	\$3.90
Pita Chips with Aioli Dipping Sauce (small)	\$2.00

## DRINKS

Cool Ridge Water 350ml	\$2.50
Cool Ridge Water 750ml	\$4.00
Charlies 200ml Tropical Juice	\$2.00
Charlies 200ml Apple Juice	\$2.00
Charlies 200ml Blackcurrant Juice	\$2.00

Order online... [www.ezlunch.co.nz](http://www.ezlunch.co.nz)

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Glenfield Primary School / Term 2 2021



Constellation Drive Home Zone  
Mairangi Bay  
09-414 2428

## CAFÉ CORNER - MEALS

	NEW Chocolate caramel slice	\$6.60
	Ham,cheese and tomato Croissant	\$11.10
	Banana Bread	\$5.50
	Beef Stew on Mashed Potato	\$20.00
	Beef Burger	\$19.10
	Macaroni Cheese	\$12.20
	Chicken Nuggets & Chips - Air fried	\$11.80
	Smoked Chicken Vogel Sandwich	\$11.10
	Roasted Beef Vogel Sandwich	\$11.10
Mon	Beef Lasagne, Roasted Vegetables	\$16.70
Mon	Smoked Chicken Sandwich, choc caramel slice	\$16.70
Mon	Chicken Caesar Salad	\$15.60
Tue	Chicken Mushroom Filo with Roasted Pumpk...	\$16.70
Tue	Chicken Bacon Sandwich & Mini Blueber...	\$16.70
Tue	Teriyaki Chicken Salad	\$15.60
Wed	Bacon & Veg Quiche with Baked Beans	\$16.70
Wed	Roasted Beef Sandwich, Mini Raspberry Muffin	\$16.70
Wed	Cajun Chicken Salad	\$15.60
Thur	Salmon Frittata, Roasted Vegetables	\$16.70
Thur	Chicken Sandwich, Mini Chocolate Muffin	\$16.70
Thur	Chicken, Bacon & Avocado Salad	\$15.60
Fri	Smoked Chicken Panini, Baked Beans	\$16.70
Fri	Bacon & Egg Sandwich, Banana Bread	\$16.70
	Raspberry & White Chocolate Muffin (large)	\$5.60
	Blueberry & Cream cheese Muffin (large)	\$5.60

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## WARM MAINS - SPECIALS OF THE DAY

Mon	MONDAY - Dumplings 6pcs	\$9.30
Tue	TUESDAY - Pizza Smoked Salmon & Spinach	\$5.80
Tue	TUESDAY - Pizza cheese & ham	\$5.20
Tue	TUESDAY - Pizza cheese & pineapple	\$5.20
Wed	WEDNESDAY - LARGE Teriyaki chicken on rice	\$8.60
Wed	WEDNESDAY - SMALL Teriyaki chicken on rice	\$6.00
Thur	THURSDAY - LARGE Japanese Beef Curry...	\$8.90
Thur	THURSDAY - SMALL Japanese Beef Curry...	\$6.30

## WARM MAINS

Tue	NEW English Muffin Breakfast Sandwich	\$6.80
	Pancake w. Orange, Pineapple and Strawbe...	\$6.10
T.W.Th	Red Bean Paste Pancake	\$5.40
M.T.Th	Pork & Cabbage Pancake	\$5.90
M.T.Th.F	BBQ Pork Bun (steamed)	\$5.00
W.F	Pork & Cabbage Bun (steamed)	\$5.00
	Fried Dumpling Combo	\$12.00
M.T.W.Th	H1 - Chicken Corn Soup w. cheesy toast	\$8.40
M.T.F	LARGE Butter chicken on rice	\$8.10
M.T.F	SMALL Butter chicken on rice	\$5.80
	LARGE Spaghetti bolognaise	\$8.10
	SMALL Spaghetti bolognaise	\$5.80
M.T.W.Th	Vege fried rice (small)	\$5.90
W.Th.F	Panini ham & cheese	\$7.20
M.T	Panini chicken & spinach	\$7.20
	GF Toasted cheese sandwich	\$6.20
M.W.Th.F	Toasted sandwich cheese & HAM	\$5.80
	Toasted sandwich CHEESE	\$4.60
	Hot dog	\$6.50
	Beef nachos (large)	\$8.60
	Mashed potato	\$3.40
	Tomato sauce	\$0.50
	Mince Savoury	\$2.80

## COLD MAINS

M.T.W.Th	NEW Green salad with eggs	\$6.00
	Vegetarian Fresh Spring Rolls	\$5.80
	Fresh Spring Rolls	\$5.80
	Seaweed Inari	\$5.10
	Edamame beans	\$4.20
M.T.W.Th	Sweet & Sour Noodle Salad	\$5.00
M.T.W.Th	Vogel Sandwich - Smoked salmon & avocado	\$6.20
M.T.W.Th	Ham & Cucumber sandwich	\$5.30
M.T.W.Th	Tuna sandwich	\$5.30
M.T.W.Th	Rice Balls and Salad	\$8.40
M.T.W.Th	Tofu Pockets and Salad	\$8.70
M.T.W.Th	Vegetable Noodle Salad (small)	\$5.00
	Chicken Wrap	\$6.50
M.T.W.Th	Vogel - Chicken	\$5.80

M.T.W.Th	Vogel - Vegetable	\$5.80
M.T	Egg mayo sandwich	\$4.70
W.Th	Ham, Egg & Mayo Sandwich	\$5.30
	Chicken & Vege Sandwich	\$5.70

## SUSHI

	NEW Surimi Salad Sushi (5 pieces)	\$8.20
	Seaweed Sushi (5 pieces)	\$8.20
	Inari Sushi (5 pieces)	\$8.20
	Sushi Chicken (5 pieces)	\$8.20
	Sushi Chicken (3 pieces)	\$5.60
	Sushi Chicken & Avocado (5 pieces)	\$8.20
Tue	Tofu Pockets & Salad	\$8.60
	Sushi Tuna & Fancy Lettuce (5 pieces)	\$8.20
	Sushi Smoked Salmon & Avocado (5 pieces)	\$9.00
Tue	Rice Balls & Salad	\$8.20
	Sushi Vegetarian (5 pieces)	\$8.20
	Sushi Cream Cheese & Pineapple (5 pieces)	\$8.50
	Soy sauce	\$0.25

## SNACKS & DESSERTS

M.T.W.Th	NEW Chocolate Bliss Balls	\$3.80
M.T.W.Th	NEW Apricot Bliss Balls	\$3.80
M.T.W.Th	NEW After School Combo 1	\$12.80
M.T.W.Th	After School Combo 2	\$9.00
	Popcorn	\$1.80
	Brownie - Chocolate	\$3.80
	Chocolate muffin	\$2.90
	Cookie - chocolate	\$2.60
	Yoghurt	\$3.50
	Fresh fruit salad	\$5.90
T.W.Th	Carrot sticks	\$2.40
T.W.Th	Grapes - fresh & washed	\$3.00
T.W.Th	Pineapple - Sliced	\$3.00
M.T.W.Th	Sweet Seaweed	\$2.80
	Organic Seaweed - 2g Snack Pack	\$2.00

## DRINKS

Wed	Natural Lightly Sparkling Water 250ml	\$2.70
	Water - Onepure 320ml	\$3.40
	Milk - WDOM Full Cream Milk 250ml	\$3.70
	Chocolate Milk - WDOM Lactose Free 250ml	\$4.80
Tue	Aqa Lite sparkling water 350ml - Mango	\$2.90

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