

Order online by 9am
for delivery Friday

eZLUNCH MENU

Glenfield Primary School / Term 2 2022



K19 Glenfield Mall
Cnr Glenfield Road & Downing St...
Auckland 0629
09-4412430

PLAIN PETITA PITA

Free Range Chicken Petita	\$6.00
Free Farmed Ham Petita	\$6.00
Roast Beef Petita	\$6.00
Falafel Petita	\$6.00
Garden Veggie Petita	\$5.50
Kumara Petita	\$5.50

WHOLEMEAL PETITA PITA

Wholemeal Free Range Chicken Petita	\$6.00
Wholemeal Free Farmed Ham Petita	\$6.00
Wholemeal Roast Beef Petita	\$6.00
Wholemeal Falafel Petita	\$6.00
Wholemeal Garden Veggie Petita	\$5.50
Wholemeal Kumara Petita	\$5.50

GLUTEN FREE PETITA PITA

GLUTEN FREE Free Range Chicken Petita	\$7.50
GLUTEN FREE Free Farmed Ham Petita	\$7.50
GLUTEN FREE Roast Beef Petita	\$7.50
GLUTEN FREE Garden Veggie Petita	\$7.00

PETITA SALAD BOX

Free Range Chicken Petita Salad Box	\$7.00
Free Farmed Ham Petita Salad Box	\$7.00
Roast Beef Petita Salad Box	\$7.00
Falafel Petita Salad Box	\$7.00

SIDES

Chocolate Chip Cookie	\$2.50
Brownie Chocolate Fudge GLUTEN FREE	\$2.80
Pita Chips with Aioli Dipping Sauce (large)	\$3.90
Pita Chips with Aioli Dipping Sauce (small)	\$2.00

DRINKS

Cool Ridge Water 350ml	\$2.50
Charlies 200ml Tropical Juice	\$2.00
Charlies 200ml Apple Juice	\$2.00
Charlies 200ml Blackcurrant Juice	\$2.00

Order online... www.ezlunch.co.nz

Easily order & pay for your eZLUNCH using your 'myKindo' family account. MyKindo is a payment portal for a variety of services at schools and organisations. Your myKindo account can be topped up by debit or credit card (fees apply), or by bank transfer, in advance or at the time of purchase. To get started, 'create account' or log in to your existing myKindo account and add a member or student. Go to www.ezlunch.co.nz.

Need help? Visit support.mykindo.co.nz or call toll free 0800 EZLUNCH (09-869 5200) 8am-4pm Mon-Fri (except public holidays)

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Constellation Drive Home Zone
Mairangi Bay
09-414 2428

CAFÉ CORNER - MEALS

	NEW Chocolate croissant - Small	\$13.70
	NEW Stir fried rice	\$23.30
	NEW Stir fried noodles	\$23.30
	Sweet & Sour Chicken on Rice	\$23.30
Thur	Bacon Frittata	\$15.50
	Chocolate caramel slice	\$7.80
	Ham,cheese and tomato Croissant	\$12.90
	Beef Stew on Mashed Potato	\$23.30
	Banana Bread	\$6.50
	Macaroni Cheese	\$15.40
	Beef Burger	\$22.20
	Chicken Nuggets & Chips - Air fried	\$14.90
	Smoked Chicken Vogel Sandwich	\$12.90
	Roasted Beef Vogel Sandwich	\$12.90
M,Th	Beef Lasagne	\$19.40
Mon	Smoked Chicken Sandwich, choc caramel slice	\$19.40
Mon	Chicken Caesar Salad	\$18.10
Tue	Chicken Mushroom Filo with Roasted Pumpk...	\$19.40
Tue	Chicken Bacon Sandwich & Mini Blueber...	\$19.40
Tue	Teriyaki Chicken Salad	\$18.10
Wed	Bacon & Veg Quiche with Baked Beans	\$19.40
Wed	Roasted Beef Sandwich, Mini Raspberry Muffin	\$19.40
Thur	Chicken Sandwich, Mini Chocolate Muffin	\$19.40
Thur	Chicken, Bacon & Avocado Salad	\$18.10
Fri	Bacon & Egg Sandwich, Banana Bread	\$19.40
	Raspberry & White Chocolate Muffin (large)	\$6.50
	Blueberry & Cream cheese Muffin (large)	\$6.50

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WARM MAINS - SPECIALS OF THE DAY

Mon	MONDAY - Dumplings 6pcs	\$12.00
Tue	TUESDAY - Pizza Smoked Salmon & Spinach	\$7.80
Tue	TUESDAY - Pizza cheese & ham	\$7.00
Tue	TUESDAY - Pizza cheese & pineapple	\$7.00
Wed	WEDNESDAY - LARGE Teriyaki chicken on rice	\$12.30
Wed	WEDNESDAY - SMALL Teriyaki chicken on rice	\$8.40
Thur	THURSDAY - LARGE Curry udon noodle	\$12.30
Thur	THURSDAY - SMALL Curry udon noodle	\$8.40

WARM MAINS

M.T.W.Th	Frankfurters on mash	\$7.90
M.T.W.Th	English Muffin Breakfast Sandwich	\$8.80
	Pancake w. Orange, Pineapple and Strawbe...	\$7.90
T.W.Th	Red Bean Paste Pancake	\$6.90
M.T.Th	Pork & Cabbage Pancake	\$7.40
M.T.Th.F	BBQ Pork Bun (steamed)	\$6.60
W.F	Pork & Cabbage Bun (steamed)	\$6.10
	Fried Dumpling Combo	\$14.30
M.T.W.Th	H1 - Chicken Corn Soup w. cheesy toast	\$10.90
M.T.F	LARGE Butter chicken on rice	\$12.30
M.T.F	SMALL Butter chicken on rice	\$8.40
	LARGE Spaghetti bolognaise	\$12.30
	SMALL Spaghetti bolognaise	\$8.40
M.T.W.Th	Vege fried rice (small)	\$7.60
M.T.W.Th.F	Panini ham & cheese	\$9.70
	GF Toasted cheese sandwich	\$8.00
M.W.Th.F	Toasted sandwich cheese & HAM	\$7.50
	Toasted sandwich CHEESE	\$5.90
	Hot dog	\$8.80
	Beef nachos (large)	\$11.50
	Mashed potato	\$4.90
	Tomato sauce	\$0.60
	Mince Savoury	\$3.90

COLD MAINS

W.Th	Moroccan Couscous Salad (large)	\$11.00
M.T.W.Th	Onigiri rice balls	\$7.50
	Vegetarian Fresh Spring Rolls	\$7.90
	Fresh Spring Rolls	\$7.90
M.T	Green salad with eggs (large)	\$11.00
	Seaweed Inari	\$7.10
	Edamame beans	\$5.40
M.T.W.Th	Sweet & Sour Noodle Salad	\$6.50
M.T.W.Th	Vogel Sandwich - Smoked salmon & avocado	\$8.90
M.T.W.Th	Ham & Cucumber sandwich	\$7.10
M.T.W.Th	Tuna sandwich	\$7.10
M.T.W.Th	Rice Balls and Salad	\$10.90
M.T.W.Th	Tofu Pockets and Salad	\$11.20
M.T.W.Th	Vegetable Noodle Salad (small)	\$6.50

	Chicken Wrap	\$8.80
M.T.W.Th	Vogel - Chicken	\$7.80
M.T.W.Th	Vogel - Vegetable	\$7.80
M.T	Egg mayo sandwich	\$6.50
W.Th	Ham, Egg & Mayo Sandwich	\$7.50
	Chicken & Vege Sandwich	\$7.50

SUSHI

	Crab Sushi (5 pieces)	\$10.60
	Seaweed Sushi (5 pieces)	\$10.60
	Inari Sushi (5 pieces)	\$10.60
	Sushi Chicken (5 pieces)	\$10.60
	Sushi Chicken (3 pieces)	\$7.20
	Sushi Chicken & Avocado (5 pieces)	\$10.60
	Sushi Tuna & Fancy Lettuce (5 pieces)	\$10.60
	Sushi Smoked Salmon & Avocado (5 pieces)	\$11.60
	Sushi Vegetarian (5 pieces)	\$10.60
	Sushi Cream Cheese & Pineapple (5 pieces)	\$11.00
	Soy sauce	\$0.40

SNACKS & DESSERTS

M.T.W.Th	Chocolate Bliss Balls	\$5.00
M.T.W.Th	After School Combo 1	\$15.90
M.T.W.Th	After School Combo 2	\$12.40
	Popcorn	\$2.90
	Brownie - Chocolate	\$5.00
	Chocolate muffin	\$3.70
	Cookie - chocolate	\$3.50
	Yoghurt	\$4.30
	Fresh fruit salad	\$8.10
T.W.Th	Carrot sticks	\$3.10
T.W.Th	Grapes - fresh & washed	\$3.70
T.W.Th	Pineapple - Sliced	\$3.70
M.T.W.Th	Sweet Seaweed	\$3.70
	Organic Seaweed - 2g Snack Pack	\$2.70

DRINKS

T.F	VIBE sparkling water 330ml - Lemonade	\$3.60
M.Th	VIBE sparkling water 330ml - Peach	\$3.60
Wed	VIBE sparkling water 330ml - Grape	\$3.40
	Water - Onepure 320ml	\$4.10
	Milk - WDOM Full Cream Milk 250ml	\$4.50
	Chocolate Milk - WDOM Lactose Free 250ml	\$5.50
M.T	Charlie's Juice - Tropical 200ml	\$4.10
W.Th.F	Charlie's Juice - Apple 200ml	\$4.10

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